

SUN	MON	TUE	WED	THUR	FRI	SAT	
Pest Shield <i>Building #60</i> 8/4- 101-109 8/11- 201-209 8/18- 301-309 8/25- 401-409	 <i>Dr Marilyn Scott</i> <i>Author</i> <i>Be Amazing</i> August 19th 1pm Lunch and Learn <small>Book signing</small>	Shopping Monday 9:30am Friday 1:00pm Doctors Appointments Thursday 9:30am-3:30pm	Happy Birthday Summer Babies 8/1- Diane D 8/2-Marcia C 8/18-Carol G 8/24- Iris K 8/31- Bob T 	8:30 Mall Walk 10:30 Balance & Strength 1:00 <i>Large Crossword w/ Laurie</i> 1:00 Canasta 2:00 <i>Sundaes on Thursday</i> 3:00 Billiards 3:30 Movie Matinee TBD 7:00 Yoga via 195	1 9:30 Gym Trainer 10:30 Tai Chi Easy 11:30 Performing Arts Lecture 1:00 Rummikub 1:00 Shopping Publix 5:00 Happy hour/Shelly 6:00 Dime Poker	2 8:30 Morning Stroll Thru Arietta 10:00 Art Class with Laurie 11:00 Jumbo Scrabble 12:00 Wii Bowling 1:00 Mahjongg 3:00 Movie Matinee	3
8:30 Church Run 10:00 Brunch 2:00 Rummikub 4:00 Card & Board Games	4 9:00 Blood Pressure Checks 9:30 Shopping Publix 10:30 Balance and Strength 1:00 Trivia 2:00 Water Aerobics with Julie 3:00 Skipbo 4:30 Mexican Train Dominoes	5 9:00 Swap Table 10:30 Artside of the Box w/Susan 11:30 Ladies Lunch out (Connors) 1:30 Hand & Foot 2:00 Gin Rummy 3:30 Bingo 7:00 Chair yoga via 195	6 9:00 Neighbors Reminiscing 10:30 Minds in Motion Lecture 2:00 Bean Bag & Fudge pops 3:00 Word Games 5:00 Resident Meal 6:00 Poker Night	7 9:00 Gardening/Watering Club 10:30 Balance & Strength 1:00 Canasta 1:30 New Resident Welcome 3:00 Billiards 3:30 Movie Matinee TBD 7:00 Yoga via 195	8 9:30 Mens Social Group (guest speaker) 10:30 Tai Chi Easy 1:00 Rummikub 1:00 Shopping Publix 2:15 Wine and Watercolors 5:00 Happy hour w/Phil 6:00 Dime Poker	9 8:30 Morning Stroll Thru Arietta 11:00 Jumbo Scrabble 12:00 Wii Bowling 1:00 Mahjongg 3:00 Movie Matinee	10
8:30 Church Run 10:00 Brunch 2:00 Rummikub 4:00 Card & Board Games	11 9:00 Blood Pressure Checks 9:30 Shopping Publix 10:30 Balance and Strength 11:30 Lecture Series w/ Carol Holland 1:00 Trivia 2:00 Water Aerobics with Julie 3:00 Uno 4:30 Mexican Train Dominoes	12 11:30 Mens Lunch Outing (Connors) 1:30 Hand & Foot 2:00 Gulf Gate Hearing 2:00 Gin Rummy 3:30 Bingo 7:00 Chair yoga via 195 7:00 Book Club "Eleanor Oliphant is Completely Fine"	13 9:00 Neighbors Reminiscing 10:30 Rock Art 11:00 Cooking Fun w/Janet 1:00 Meeting with Rick 2:00 Bean Bag & Fudge pops 3:00 Word Games 5:00 Resident Meal /Fawny 6:00 Poker Night	14 8:30 Mall Walk 10:30 Balance & Strength 10:30 PAR TEE Golf 1:00 <i>Large Crossword w/ Laurie</i> 1:00 Canasta 2:00 <i>Sundaes on Thursday</i> 3:00 Billiards 3:30 Movie Matinee TBD 7:00 Yoga via 195	15 9:30 Gym Trainer 10:30 Tai Chi Easy 11:30 Performing Arts Lecture 1:00 Rummikub 1:00 Shopping Publix 3:00 Shabbot 5:00 Happy hour w/Bare 6:00 Dime Poker	16 8:30 Morning Stroll Thru Arietta 10:30 Artside of the Box w/Susan 11:00 Jumbo Scrabble 12:00 Wii Bowling 1:00 Mahjongg 3:00 Movie Matinee	17
8:30 Church Run 10:00 Brunch 2:00 Rummikub 4:00 Card & Board Games 7:00 Siesta Key Drum Circle	18 9:00 Blood Pressure Checks 9:30 Shopping Publix 10:30 Balance and Strength 11:30 Lecture Series w/ Carol Holland 1:00 Guest Speaker Dr Marilyn Scott Book signing & lecture 2:00 Water Aerobics with Julie 4:30 Mexican Train Dominoes	19 10:30 Artside of the Box w/Susan 1:30 Hand & Foot 1:30 Birthday Games & Celebration 2:00 Gin Rummy 3:30 Bingo 7:00 Chair yoga via 195	20 9:00 Neighbors Reminiscing 10:30 Minds in Motion Lecture 2:00 Bean Bag & Fudge pops 3:00 Word Games 3:30 Estate Updates w/Elena 5:00 Resident Meal 6:00 Poker Night	21 9:00 Gardening/Watering Club 10:30 Balance & Strength 1:00 Canasta 2:00 Tapping in to your LTC ins. 3:00 Billiards 3:30 Movie Matinee TBD 7:00 Yoga via 195	22 8:00 Southeastern Guide Dogs/ Breakfast 9:30 Mens Social Group 10:30 Tai Chi Easy 1:00 Rummikub 1:00 Shopping Publix 5:00 Happy Hour Sam 6:00 Dime Poker	23 8:30 Morning Stroll Thru Arietta 9:00 AARP DRIVER SAFETY COURSE 11:00 Jumbo Scrabble 12:00 Wii Bowling 1:00 Mahjongg 3:00 Movie Matinee	24
8:30 Church Run 10:00 Brunch 2:00 Rummikub 4:00 Card & Board Games	25 9:00 Blood Pressure Checks 9:30 Shopping Publix 10:30 Balance and Strength 1:00 Trivia 2:00 Water Aerobics with Julie 2:30 Ice Cream Bar 3:00 Uno 4:30 Mexican Train Dominoes	26 9:30 Selby Gardens Trip 11:30 Healthy Sleeping brought to you by Humana 1:30 Hand & Foot 2:00 Gin Rummy 2:30 Scottish Tea Leaf Reading 3:30 Bingo 5:00 Dinner Outing Lazy Lobster 7:00 Chair yoga via 195	27 9:00 Neighbors Reminiscing 10:30 Rock Art 2:00 Bean Bag & Fudge pops 3:00 Word Games 3:30 Jeopardy 5:00 Resident Meal /ED 6:00 Poker Night	28 8:30 Mall Walk 9:00 Gardening/Watering Club 10:30 Balance & Strength 1:00 <i>Large Crossword w/ Laurie</i> 1:00 Canasta 2:00 <i>Sundaes on Thursday</i> 3:00 Billiards 3:30 Movie Matinee TBD 7:00 Yoga via 195	29 9:30 Gym Trainer 10:30 Tai Chi Easy 1:00 Rummikub 1:00 Shopping Publix 3:00 Summer BINGO 5:00 Happy hour 6:00 Dime Poker	30 8:30 Morning Stroll Thru Arietta 10:30 Artside of the Box w/Susan 11:00 Jumbo Scrabble 12:00 Wii Bowling 1:00 Mahjongg 3:00 Movie Matinee	31

August 2019

4 Maggie Lane - Sarasota - FL - 34232 941-366-2200



ARIETTA